

Life & Work of St. Aidan's

October 2, 2016

www.staidansunited.ca | 250-477-2089

" Humankind has not woven the web of life. We are but one thread within it.
Whatever we do to the web, we do to ourselves.
All things are bound together. All things connect." ~Chief Seattle, 1854



After the Service TODAY

MINI BAZAAR Please stop by after you get your coffee and see a mini bazaar in 2C. All of the convenors will have a small display of their wares to tempt you. This is an opportunity for you to meet the convenors and also to see if there is a job you would like to do on bazaar day. Roger Hannaford will be taking pictures of all of the lovely items to display on Used Victoria.

Blanket Exercise at 11:30 am

This is an interactive way of learning the story of the relationship of Canadian Aboriginals and non-Aboriginals...the story that we were never taught in school.

You will be asked to stand (or sit on a chair) on blankets for about 40 minutes. There will be scripts and scrolls read and some very small movement on and off the blankets. We will have a discussion afterward.

Monday Evening Discussion Drop In

This is an opportunity to have important follow up conversation on Sunday themes. How does this affect our spiritual life and journey? Where does the Sunday reflection connect with our own lived experience? Do we see an action we might take? Monday evening discussions provide an opportunity for anyone who wants to show up to come and talk. **No Registration; evenings are open to all on a drop in basis.**

October Worship Theme is 'Building our Relationship with First Nations'

Monday, October 3, 10 & 24 from 7-8:30 pm

We'll gather in the Board Room to discuss the recommendations made by the Truth and Reconciliation Commission and where they touch our lives and ministry. Recommendations can be downloaded on-line at www.trc.ca

Thanksgiving, Sunday, October 9th –In thanksgiving for all our abundance, we are asking members of our congregation to contribute items for the [Shelbourne Community Kitchen](#) - items of non-perishable goods: canned goods, pasta, rice, beans, etc. There will be a box in the Narthex and Great Hall on Thanksgiving Sunday to receive these gifts. Thanks, Judith Boulden

Sunday Morning Meditation starts Oct. 9th from 9-9:30 am. All are welcome!

NEW Children's Choir: First practice is Oct. 5 at 5 pm in the Music Room. All children 4 years and up are welcome.

SPIRITUAL LEGACY WORKSHOP

Monday, October 17th, 7-9 pm

Have you ever wished that you could write a letter to the future, to a grandson or descendant, about your faith, your beliefs, your doubts and blessings? Consider joining the Spiritual Legacy workshop. In small groups, we will discuss a series of questions about our personal faith journeys. As we share our stories, we will jot down our thoughts and ideas (on the worksheet) and these will become the skeleton of the letter. The real writing will happen later at home . This gathering will provide you with the notes from which to work .

The sign-up sheet will be on the library counter beginning September 25. (this helps us with the number of chairs to provide)

Project Connect

Once again, St. Aidan's will participate in **Project Connect**, an initiative of the Victoria Coalition to End Homelessness. We will collect donations of chewing gum, Polysporin ointment, bandaids and \$5 coffee cards. These items will be included in "care bags" given out to those living in poverty at the Project Connect Day. There will be a basket at the library counter to collect these items on **Sundays until October 6th** Thanks for your participation. ~ Maureen Koch



The Friendly Octopus News

Our Thrift Shop still needs plastic bags. We are also short of bed linens, towels and greeting cards. Thank You!

Library Lines

Please remember to check out anything you take from the Library. When you don't, or when you sign it out without including your name, we have no way to track down the item, and it may be just what someone is looking for. For instance, at the end of June someone signed out 4 CDs filling in all the information except their name. Three of them were meditation ones, and those are a very popular section of our collection. The titles are:

- Sacred space: guided meditations for young people [CD]
- Spiritual power, spiritual practice: energy evaluation meditations for morning and evening [CD]
- Music for Zen meditation [CD]
- Retrospective (Blind Boys of Alabama) [CD]

These are just ones we know are missing. If you find something at home that belongs in the library and you think you've had for a long time, please drop it through the return slot in the desk. Thanks from your Library Team

Weekly Activities

Sundays	9 am	Meditation (starts Oct. 9)
	10 am	Sunday Service
Mondays	10 am	Parent & Tot Drop in
	10:30 am	Drop-in Discussion Group
	7 pm	Band Practice (every other Mon.) starting Oct. 10
Tuesdays	10:30 am	Moira's Mediation
Wednesdays	10am-2pm & 4-8 pm	Thrift Shop OPEN
	2 pm	Wednesday Gathering
	5 pm	Children's Choir practice (4 years +)
Thursdays – Choirs at St. Aidans		
	4:30 pm	Practice for women's voices
	5:15 - 6:30 pm	-- Mixed voices (men & women)
	6:30 pm	Ted Boulden Singers
Fridays (2 nd & 4 th)	6:30 pm	SAYES Youth Group
Saturday (4 th)	10 am-2 pm	Thrift Shop OPEN

Dates to Remember

Oct. 2	11 am	Blanket Exercise after service
Oct. 3, 10 & 24		Monday Night Discussion Drop-in
Oct. 13	9:30 am	Pie Making Session
Oct. 14	1-3 pm	Bazaar Jewellery Party
Oct. 15	9:15am	Bus Ministry Trip to Duncan
Oct. 17	7:30 pm	Spiritual Legacy Workshop
Nov. 5	10 am-3 pm	Fall Bazaar
Nov. 18-19		Advent for Evolving Mystics with Bruce Sanguin

For more information, pick up your St. Aidan's Fall Guide or read it at staidansunited.ca. To sign up for our weekly Life & Work email; email office@staidansunited.com

United Church Observer Magazine

Please contact the office if you would like to subscribe to the *Observer*, have a change of address or would like to stop receiving your subscription. Our group rate is \$25 for the year. The deadline for changes is **Oct. 10th, 2016**. *Payments can be dropped off at the office or in the offering plate marked "Observer". Please make cheques payable to "St. Aidan's United Church"*

Bazaar – Sat. Nov. 5, 2016 Only 5 weeks to go!

We still are in need of helpers so please consider signing up for a shift at a stall. Marilyn will be in the great hall after the service each Sunday so if you would like to help check in with her or call her at home 250-479-5676.

The Silent Auction needs more SERVICES as this is a very popular item with our customers. What can you offer? Bake a cake, help in the garden, host a dinner, make a floral centrepiece, babysit, give a guided tour, etc. etc,

Roger hopes all of the gardeners are potting up plants for his stall. He needs perennials, shrubs, bulbs, etc and all items garden related.

An easy way to support the BAZAAR is to **spread the word**. We have collected wonderful items for sale now all we need are the people to attend. Pick up a poster from the office, Like us on Facebook, and just invite your friends and neighbours. Remember this year we are offering a \$5 lunch with includes large hot dog, chips, cookie and a drink. What a bargain.

Pie Making Session on Oct. 14 at 9:30 am

Attention all pie makers and apple peelers. Next pie making session Thursday, Oct. 13 at 9:30 in the lower kitchen. Please come and have fun while we produce tons of delicious pies. There is a job for all. Bring a knife, rolling pin, dough (tender flake or crisco recipe), apples if you have extra. Absolutely no experience necessary. Contact Marilyn 250-479-5676 for more information.

Bazaar Jewellery Party

Monday, Oct. 17th from 1–3 pm in the lower church hall. All are welcome to join in the fun. ?
Peg 250 598 6110